## Helpful Hints For the Rosicrucian Student on the Mystical Path

## Times of Trial

When faced with stressful and difficult situations, particularly those that seem to go on endlessly, we are in the unique and treasured position of being able to accurately assess our advancement upon our personal path to self mastery. When times are good, surely that is not the time to do such an evaluation? Under stress, our discipline and training must be allowed to take over.

By meditating and attuning with the Cosmic on a daily basis, we are assured of a continuing inner development that goes on irrespective of the failures and hardships we may encounter. By regularly going into the silence of our inner self, we gain a mounting degree of attunement and harmony with the cosmic laws that rule our lives. It is in this way that we learn that certain laws are realities and that they are, in a sense requirements of our personal growth. Unpleasant though they may sometimes be, they cannot be brushed aside; but neither can we allow them to crush us under their weight.

Life is a school, necessary to our evolution as parts of a larger cosmic reality. If we emerge from this school unscathed by the fires of purification, or embittered by the ordeals which we encounter, we are in all likelihood failing at our chosen task of finding the greater light. If we, as Rosicrucian students, have diligently performed our meditation exercises and reached some degree of attunement, we must at all costs hold fast to those tenuous feelings of communion with our inner self.

Rosicrucian Digest No. 1 2020 It is at certain crucial times in our lives that we will need to tune in to those feelings, to tap into the wealth of knowledge, love, *Page 30*  and wisdom that they can offer. We will emerge from life's trials, bleeding but with our brows unbowed, scarred but with the knowledge that all is for a purpose, that Destiny is merciful to those who seek it out and attune regularly with Its will.

To be a Rosicrucian is not merely to be a member of the Order, to study in our sanctums once a week. To be a Rosicrucian is to live each day as if it were our last, to commune with the God of our Heart whenever we can take a few minutes to do so, to give of ourselves freely to the rest of humanity and especially to those who may just need a comforting word to help them through the day, to be a shining example of humanity's best and highest endeavors.

Let your life be one of service to others no matter what your present challenges. Live your life fully, with gusto and enthusiasm, with the knowledge that the God of your Heart is at your side always, ready to steady you and guide you if you will but allow It to do so. As each new tomorrow comes, filled with the promise of a rich new day, pray that you may feel that the yesterday you traded for today was worth the price you paid for this new day.

Today, we have grown a little older, a little wiser, a little more loving, more helpful, and more divine. May each of our tomorrows carry with it the same promise, so that gradually, as days unfold, the veil of understanding may be lifted from our sight and we may one day bask in the attainment of Cosmic Consciousness.