



*Under the Auspices of the Rose Croix,
Salutem Punctis Trianguli!*

Dear Fratres, dear Sorores,

Something in the past inspired you to become a member of the Rosicrucian Order, AMORC. Perhaps it was a Rosicrucian role model, or a deep yearning to know yourself better, or an interest in studying the time-tested Rosicrucian teachings, or perhaps you longed to be a part of a centuries-old, august tradition such as ours.

Whatever it was that inspired you to become a Rosicrucian led you to this remarkable moment to be of service to humanity.

As you know, when we study our monographs and practice the meditations and exercises in our sanctums and affiliated bodies, we are preparing ourselves to serve as beacons of light, healing, and calmness for moments such as we are experiencing now.

You are being called on to apply all that you have learned and experienced through the Rosicrucian teachings for the good of all beings and our planet.

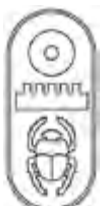
This is not to say that your nervous system may not be feeling challenged by what is going on right now. This is natural, and we are very fortunate to have tools to re-harmonize ourselves – to calm our nervous systems and harmonize our psychic centers so we can be effective channels for the Cosmic. We have the privilege of knowing how to create harmony within ourselves so that we can be the most useful vehicles possible in the plan that the Universal Intelligence is unveiling right now.

You are being called upon to do that.

This issue of the *Rosicrucian Digest* is a guide for maintaining radiant health and harmony, for keeping the channel between us and Cosmic Consciousness as clear as possible, and for being of service to others by sending thoughts of health, comfort, and calmness into the world and by actively participating in this transformative moment.

We can do this by using Rosicrucian techniques to stay healthy and centered; by attuning with the Council of Solace meditations, sending thoughts of peace, comfort, and healing into the world; and by joining together to guide our future towards the ideals expressed in the Rosicrucian manifesto, the *Appellatio Fraternitatis Rosae Crucis* – a vision focused on Humanism, Spirituality, and Ecology.

This *Digest* is also a guide for living with what is. As Rosicrucians, we know that there are things we can control and things we cannot control. Many of the challenges humanity has been experiencing and causing are due to us thinking that we know best, when we do not. There is great value to observing what is and being open to the guidance of the Universal Intelligence, rather than trying to guide things without sufficient knowledge or to sustain what should no longer be sustained.



Let us remember that everything is exactly as it should be, even if this isn't comfortable for us or our preference right now. It is time to let go of what has not been working, to bravely participate in the natural cycles of beginnings, endings, and journeys, and to visualize a healthy, sustainable future for all beings and our planet.

This issue of the *Rosicrucian Digest* encourages us to attune with the Infinite Wisdom of the Universal Source that created Everything in Existence and to let it flow through us; remembering that we are all united through the Energy of our Hearts and our Love for one another.

Thank you for being the Rosicrucian you were born to be!

My heart is overflowing with love and gratitude for each of you.

With my best wishes for Radiant Health, Strength, Courage, Wisdom, and Peace Profound,

Sincerely and fraternally,



Julie Scott



In support of a more sustainable use of natural resources, the *Rosicrucian Digest* will now be published online-only. Of course, if you prefer to read a hard copy, you can print it. As always, the images and podcast recordings of the text of every article are published online, along with searchable pdf and ePubs versions of the magazine.

www.rosicrucian.org/rosicrucian-digest

For the past fifteen years we have published the *Rosicrucian Digest* on 100% post-consumer waste paper, saving over 1,500 trees and nearly one million gallons of water over that period. Unfortunately, since not enough people used 100% pcw paper there wasn't enough demand and now this paper is no longer available. Not only will publishing the Digest online-only save many more trees and water, it will also greatly reduce the pollution produced by mail transportation and will lessen the burden on the postal service.

We encourage you to consider ways in which you can more sustainably use our very precious natural resources.